

## PROTOCOL FOR AED

Each high school campus has one (or more) AED(s) available for their use. All high school athletic trainers and/or coaches have access to and have been trained in the use of the AED.

### Use of the AED

- Determine unresponsiveness of victim, call "9-1-1" if indicated.
- Initiate emergency response procedures (First Aid/CPR/AED)
- Upon arrival, EMS shall take charge of victim.

### After use of AED

- The program Medical Director, Dr. Gilbert Handal, M.D., shall be notified of AED use.  
-Athletic trainer will retrieve rescue data from unit and forward to program Medical Director and the EPISD Health Services Department.
- Athletic trainer will complete the **AED Use Reporting Form** (found on the athletic website) and submit to the athletic office within 48 hours of the incident.  
The Athletic Director will contact the EPISD Health Services Department to schedule a quality review.
- A debriefing session will be held as soon as possible for all initial responders with Betty Ritchley, Director Health Services Department at 887-6716.
- The AED will be checked and put back into readiness state.

### AED Inventory

AED device will be monitored by the athletic training staff on each campus.

- Readiness status will be assured by daily and weekly checks.
- Readiness status will be assured following any AED use.

### MIDDLE SCHOOLS

1. AED will either be on site at the athletic event or accessible within the limits mandated by the Texas Legislature.
2. All middle school coaches have been trained in the use of the AED.
3. Coach and/or administrator will follow protocol for "After use of AED" stated above.

## PROTOCOL FOR PREVENTION, TREATMENT, AND MANAGEMENT OF CONCUSSIONS

**H.B. No. 2038** Chapter 38 subchapter D of the Texas Education Code (TEC).

EPISD has established a concussion oversight team consisting of the following individuals: Dr. Justin Wright, Dr. Arthur Islas, Danny Carrillo (LAT), and Maria Tuck (LAT). The EPISD Concussion Oversight Team has established a return to play protocol in compliance with TEC section 38.154

# El Paso Independent School District Return to Play Protocol

A student shall be removed from an interscholastic athletic practice or competition immediately if it is believed the student might have suffered a concussion. They will be advised of the Return To Play protocol.

- Student-athlete shall be symptom free for 24 hours prior to initiating the return to play progression
- Progress continues at 24-hour intervals as long as student athlete is symptom free at each level
- If the student-athlete experiences any post-concussion symptoms during the return to play activity progression, activity is discontinued and the student-athlete must be re-evaluated by a licensed health professional.

## **PHASE 1**

Receives written clearance from a physician and submission of required documentation following the concussion injury and:

No exertional physical activity until student-athlete is symptom-free for 24 hrs, and

## **PHASE 2**

Step 1: When the athlete completes Phase 1, begin light aerobic exercise:  
10 min on exercise bike, strength program, level 3, 60 rpm  
No weightlifting, resistance training, or any other exercise

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Step 2: Moderate aerobic exercise; 15 min on exercise bike, strength program, level 7, 75 rpm or 15 min of running at moderate intensity in gym or on field without helmet or equipment

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Step 3: Non-contact training drills in full uniform. May begin weight lifting, resistance training, and other exercises

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Step 4: Full contact practice or training

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Step 5: Full Game Play