
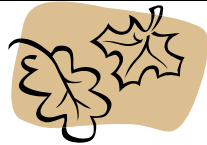




November 2009 Elementary Menu

<p>2 <u>Breakfast Special</u> Breakfast Pizza Texas Toast w/Peanut Butter</p> <p><u>Lunch</u> Spaghetti w/Meatballs in Sauce PB & J Sandwich w/String Cheese Or Turkey Ham & Cheese Sandwich Seasoned Green Peas Chilled Fruit Fresh Oranges Garlic Toast Chef's Salad</p>	<p>3 <u>Breakfast Special</u> Biscuit Sandwich Texas Toast w/Peanut Butter</p> <p><u>Lunch</u> Pepperoni Pizza w/Ranch Dip Or Bean and Cheese Burrito Or PB & J Sandwich w/String Cheese Tossed Salad Chilled Peaches Kiwi Fruit Chef's Salad</p>	<p>4 <u>Breakfast Special</u> Assorted Hot & Cold Cereals Texas Toast w/Peanut Butter</p> <p><u>Lunch</u> Breakfast at Lunch Brunch Scrambled Egg Turkey Sausage Or PB & J Sandwich w/String Cheese Crispy Potato Rounds Fresh Citrus Fruits Whole Wheat Pancake w/Syrup Low Fat & Skim Milk Early Dismissal</p>	<p>5 <u>Breakfast Special</u> Cinnamon Roll Texas Toast w/Peanut Butter</p> <p><u>Lunch</u> Golden Chicken Nuggets Or Lunch-a-Boat PB & J Sandwich w/String Cheese Broccoli w/Cheese Sauce Corn Cobette Fruited Gelatin Assorted Fresh Fruits Whole Wheat Roll Chef's Salad</p>	<p>6 <u>Breakfast Special</u> Breakfast Burrito Texas Toast w/Peanut Butter</p> <p><u>Lunch</u> Hamburger/Cheeseburger Or Deli Turkey, Turkey Ham & Cheese on Wheat Bread Or PB & J Sandwich w/ String Cheese Frito Lay Chips Lettuce, Tomato & Pickles Fresh Grapes Chilled Fruit Taco Salad Dessert Day Treat!</p>
<p>9 <u>Breakfast Special</u> Breakfast Pizza Texas Toast w/Peanut Butter</p> <p><u>Lunch</u> Turkey Corn Dog Or Deli Turkey & Cheese Sandwich Or PB & J Sandwich w/String Cheese Baked Beans Chilled Fruit Red & Green Apples Campbell's Chicken Pasta Soup Chef's Salad</p>	<p>10 <u>Breakfast Special</u> Homemade Coffee Cake Texas Toast w/Peanut Butter</p> <p><u>Lunch</u> Teriyaki Chicken Nuggets Or Bean Burrito Or Lunch-a-Boat Steamed Rice Stir Fried Vegetables Fruited Gelatin Fresh Orange Wedges Whole Wheat Roll Taco Salad</p>	<p>11</p>  <p>HOLIDAY</p>	<p>12 <u>Breakfast Special</u> Assorted Hot & Cold Cereals Texas Toast w/Peanut Butter</p> <p><u>Lunch</u> Cheese Enchiladas Or Lunch-a- Boat Or Turkey Ham & Cheese on Wheat Mexican Rice Refried Beans Lettuce & Tomato Salad Chilled Fruit Fresh Apples Chef's Salad</p>	<p>13 <u>Breakfast Special</u> Homemade Pancake Texas Toast w/Peanut Butter</p> <p><u>Lunch</u> Chicken Drumsticks Or Bean & Cheese Burrito Or PB & J Sandwich w/ String Cheese Mashed Sweet Potatoes Green Beans w/Cheese Sauce Applesauce, Fresh Fruits Whole Wheat Roll Chef's Salad Dessert Day Treat!</p>
<p>16 <u>Breakfast Special</u> Assorted Hot & Cold Cereals Texas Toast w/Peanut Butter</p> <p><u>Lunch</u> Spaghetti w/Meat Sauce Or Turkey Ham & Cheese on Wheat Or PB & J Sandwich w/String Cheese Tossed Salad Chilled Pears Assorted Fresh Fruit Garlic Toast Chef's Salad</p>	<p>17 <u>Breakfast Special</u> Cinnamon Roll Texas Toast w/Peanut Butter</p> <p><u>Lunch</u> Golden Chicken Nuggets Or Lunch-a-Boat Or Deli Turkey on Wheat Mashed Potatoes Seasoned Carrot Coins Fruit Cocktail Fresh Apples Whole Wheat Roll Chef's Salad</p>	<p>18 <u>Breakfast Special</u> Breakfast Burrito Texas Toast w/Peanut Butter</p> <p><u>Lunch</u> Pepperoni Pizza w/Ranch Dip Or Turkey Bologna & Cheese on Wheat PB & J Sandwich w/String Cheese Seasoned Corn Veggie Dippers Chilled Fruit Assorted Fresh Fruit Chef's Salad</p>	<p>19 <u>Breakfast Special</u> Assorted Hot & Cold Cereals Texas Toast w/Peanut Butter</p> <p><u>Lunch</u> ***Thanksgiving Lunch*** Roast Turkey Mashed Potatoes Seasoned Green Beans Dressing Gravy Whole Wheat Roll Pumpkin Pie ***Check at the school for exact Date & Time***</p>	<p>20 <u>Breakfast Special</u> Breakfast Pizza Texas Toast w/Peanut Butter</p> <p><u>Lunch</u> Cheeseburger/Hamburger Or Bean & Cheese Burrito Or PB & J Sandwich w/String Cheese Baked Potato Rounds Fresh Orange Chilled Applesauce Dessert Day Treat!!!</p>



Thanksgiving Holiday November 23 – 27
Best Wishes for a Safe and Happy Thanksgiving!!!

<p>30 <u>Breakfast Special</u> Breakfast Pizza Texas Toast w/Peanut Butter</p> <p><u>Lunch</u> Turkey Frank on Bun Or Bean & Cheese Burrito Or PB & J Sandwich w/String Cheese Campbell's Chicken Pasta Soup Baked Beans Apple Wedges Chef's Salad</p>

MENU SUBJECT TO CHANGE WITHOUT NOTICE.
Students are given a choice of Low Fat or Skim Milk both at Breakfast and Lunch.

Nondiscrimination Statement: "In accordance with Federal law and the U.S. Department of Agriculture policy, this institution does not discriminate on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.



December 2009 Elementary Menu

MENU SUBJECT TO CHANGE WITHOUT NOTICE.

Students are given a choice of Low Fat or Skim Milk both at Breakfast and Lunch.

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	<p>1 Breakfast Special Homemade Coffeecake Texas Cinnamon Toast</p> <p>Lunch Oven Baked Chicken Or Lunch-a-Boat Or PB & J Sandwich w/String Cheese Green Peas Mashed Potatoes Fruited Gelatin Kiwi Fruit Whole Wheat Roll Tuna Chef's Salad</p>	<p>2 Breakfast Special Homemade Pancake Texas Cinnamon Toast Turkey Sausage</p> <p>Lunch Pepperoni Pizza Or Turkey Ham & Cheese Sandwich on Wheat Or PB & J Sandwich w/String Cheese Tossed Salad Chilled Applesauce Fresh Grapes Chef's Salad</p>	<p>3 Breakfast Special Breakfast Pizza Texas Cinnamon Toast</p> <p>Lunch Bean & Cheese Tostadas w/Mexican Rice Or Lunch-a-Boat Or PB & J Sandwich w/String Cheese Mexican Squash Fresh Apples Fruited Gelatin Taco Salad</p>	<p>4 Breakfast Special Egg Casserole Texas Toast w/Peanut Butter</p> <p>Lunch Sloppy Joe on Wheat Bun Or Bean & Cheese Burrito Or PB & J Sandwich w/String Cheese Veggie Dippers Peaches & Pears Assorted Fresh Fruit Chef's Salad Dessert Day Treat!</p>
<p>7 Breakfast Special Breakfast Pizza Texas Cinnamon Toast</p> <p>Lunch Beef Meatballs in Brown Gravy Or Turkey Ham & Cheese Sandwich Or PB & J Sandwich w/String Cheese Mashed Potatoes Green Peas Chilled Mixed Fruit Fresh Oranges Garlic Texas Toast Chef's Salad</p>	<p>8 Breakfast Special Biscuit Sandwich Texas Cinnamon Toast</p> <p>Lunch Fish Nuggets & Mac & Cheese Or Lunch-a-Boat Or Deli Turkey & Cheese Sandwich Seasoned Green Beans Rosy Pears Fresh Fruit Whole Wheat Roll Chef's Salad</p>	<p>9 Breakfast Special Assorted Cereals Texas Cinnamon Toast</p> <p>Lunch Pepperoni Pizza w/Ranch Dip Or Bean & Cheese Burrito Or PB & J Sandwich w/String Cheese Tossed Salad Fresh Kiwi Chilled Peaches Chef's Salad</p>	<p>10 Breakfast Special Cinnamon Roll Texas Cinnamon Toast</p> <p>Lunch Golden Chicken Nuggets Or Lunch-a-Boat Or PB & J Sandwich w/String Cheese Corn Cobbette Steamed Broccoli w/Cheese Sauce Assorted Fruits Whole Wheat Roll Chef's Salad</p>	<p>11 Breakfast Special Bean Burrito Egg Burrito Texas Cinnamon Toast</p> <p>Lunch Crispy Chicken Patty on Wheat Bun or Deli Turkey, Turkey Ham & Cheese Sandwich on Wheat Or PB & J Sandwich w/ String Cheese Frito Lay Chips Lettuce, Tomato & Pickles Chilled Fruit Fresh Grapes Taco Salad Dessert Day Treat!</p>
<p>14 Breakfast Special Breakfast Pizza Texas Cinnamon Toast</p> <p>Lunch Turkey Frank on Bun Or Turkey & Cheese Sandwich on Wheat Or PB & J Sandwich w/String Cheese Campbell's Chicken Pasta Soup Baked Beans Fresh Apples Chilled Fruit Chef's Salad</p>	<p>15 Breakfast Special Homemade Coffeecake Texas Cinnamon Toast</p> <p>Lunch Teriyaki Chicken Nuggets Or Lunch-a-Boat Or Bean & Cheese Burrito Steamed Rice Stir Fried Vegetables Fresh Oranges Fruited Gelatin Whole Wheat Roll Taco Salad</p>	<p>16 Breakfast Special Scrambled Egg Texas Cinnamon Toast</p> <p>Lunch Cheese Stick w/Spaghetti Meat Sauce Or Turkey Ham & Cheese Sandwich on Wheat Or PB & J Sandwich w/String Cheese Mixed Vegetables Texas Citrus Fruit Chilled Peaches Garlic Wheat Roll Chef's Salad</p>	<p>17 Breakfast Special Hot & Cold Cereals Texas Toast w/Peanut Butter</p> <p>Lunch Beef Tacos w/Mexican Rice Or Lunch-a-Boat Or Turkey Ham & Cheese Sandwich Refried Beans Fresh Apple Wedges Chilled Fruit Tuna Chef's Salad</p>	<p>18 Breakfast Special Fruited Yogurt Texas Cinnamon Toast</p> <p>Lunch Brunch at Lunch Scrambled Egg Turkey Sausage w/String Cheese Crispy Potato Rounds Pancake w/Syrup Fresh Oranges & Grapefruit Wedges Early Release!!!</p>

Winter Holidays



December 21, 2008 – January 3, 2009
January 4, 2009 - Students Return

