



The Braden Aboud Memorial Foundation

Dedicated to improving the health and educational development of the youth in El Paso

The Braden Aboud Memorial Foundation was formed in loving memory of this 14 year old that died in a skiing accident on February 4, 2007.

The Foundation, in conjunction with The Braden Aboud Annual Memorial Run/Walk, was established to honor the spirit and dedication of a young man who was committed to area youth athletics. Braden's Foundation vigorously pursues his vision that promotes character, confidence and compassion, while seeking to include all those that share the same desire to succeed.

The Braden Aboud Memorial Foundation is a volunteer organization that has distributed more than \$200,000 to our area schools and athletes in the last three years. Proceeds generated by the foundation are utilized to assist student athletes in obtaining some of the same opportunities Braden enjoyed during his short, but full, lifetime. This foundation will provide local area athletes the defining

opportunity to enhance their positive self-esteem, while developing lifelong friendships through athletics. It is the hope of this foundation that a significant number of our athletes will be touched by those projects funded specifically to benefit them in the form of scholarships, equipment, field renovations and monetary contributions and shoe donations.

The run/walk will give this community the opportunity to promote good health among its area youths, while providing an excellent forum for race enthusiasts. The foundation is excited about the prospect of another successful run/walk which encourages our community to **B-FIT** and **B-STRONG**. Braden (B) would have loved to see other kids have the same experiences he enjoyed in his lifetime, and through this foundation, many are having that opportunity.

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**BRADEN ABOUD ANNUAL™
MEMORIAL RUN/WALK
10K & 5K RUN / 5K & 1 MILE WALK**



**BRADEN ABOUD ANNUAL™ MEMORIAL RUN/WALK • 10K & 5K RUN / 5K & 1 MILE WALK
SUNDAY, MAY 15, 2011 • 4256 ROXBURY DRIVE • ZACH WHITE SCHOOL PARKING LOT**

10K & 5K RUN / 5K & 1 MILE WALK REGISTRATION FORM

NAME: _____

First

Last

ADDRESS: _____

CITY, STATE, ZIP: _____

AGE RACE DAY: _____ SEX: _____

PHONE: _____

EMAIL: _____

STUDENT INFO: SCHOOL: _____

GRADE: _____ SCHOOL ORGANIZATION: _____

COACH OR SPONSOR NAME: _____

EVENT 10K run 5K run 5K walk 1 mile walk
(Circle one)

SHIRT SIZE XS SM M LG XL 2X
(Circle one)

WAIVER INFORMATION

In consideration of my application being accepted, I hereby for myself, my heirs, personal representatives and executors waive, release and forever discharge any and all rights and claims for loss or damages which I may or hereafter accrue to me against the organizers and sponsors of this event, for any and all injuries which might be suffered by me in this event. I attest and verify that I am physically fit and have sufficiently trained to complete this race. I hereby grant full permission to use my name, photographs, videotapes and recordings of this event for any legitimate purpose without compensation/remuneration.

SIGNATURE: _____

Guardian signature if under 18

For more information contact: Chris Rowley 915 478-5663



**BRADEN ABOUT ANNUAL
MEMORIAL RUN/WALK**
10K & 5K RUN / 5K & 1 MILE WALK

SUNDAY, MAY 15, 2010
8:00 A.M.
5265 ROXBURY DRIVE
(Zach White Elementary School Parking Lot)

EVENTS & FEES	EARLY REG (Before May 13)	LATE REG (May 13 & 14)	RACE DAY (May 15)
10K Run/5K Run	\$20.00	\$25.00	None
5K Walk/1 Mile Walk	\$20.00	\$25.00	\$30.00

19 and Under Only \$10.00 before May 13.

I would like to make a donation of \$_____ for a child in need.

REGISTRATION

ON LINE: www.raceadventuresunlimited.com (By Thursday, May 12, 6:00 P.M.)

BY MAIL: postmarked by May 8, Check payable to:

The Braden About Memorial Foundation
3233 N. Mesa, Ste. 205, El Paso, TX 79902

IN PERSON: Up And Running @ 3233 N. Mesa, Ste. 205, Rudolph Plaza and 10600 Montwood

RACE DAY: @ Startline 7:00 a.m. – 7:45 a.m. - Non-Competitive Only
(No 10K/5K Run Race Day Registration)

PACKET PICK UP

Friday, May 13, 12:00 p.m. - 6:00 p.m. @ Up And Running
Saturday, May 14, 11:00 p.m. - 6:00 p.m. @ Up And Running
Sunday, May 15 @ Startline 7:00 a.m. - 7:45 a.m

AWARDS AND PRIZES

All runners receive a short sleeved t-shirt, commemorative dog tags and a backpack. Refreshments will be provided at the end of the race for all participants. Trophies to top three male/female overall 5K/10K run. Medals in each age group in 5K/10K run.
(9 & under, 10-14, 15-19, 20-19, 30-39, 40-49, 50-59, 60-69, 70-79, 80 & over)

COURSE DESCRIPTION

5K and 10K routes leave school, down Riverbend and follow Sunset to turnaround. 5K turns back, 10K continues into residential area. 1 Mile goes around Marwood Park and returns to school.

New 10K Route

SPONSORSHIP OPPORTUNITIES

Platinum (1) \$5,000 (cash only)

Company name listed as the major sponsor in event promotions, including press releases and interviews
Company name on all advertising
Company logo on all registration forms
Company logo printed prominently at top of back of T-shirts
Company banner displayed at event (provided by sponsor)
Company may provide items for goody bags
Includes 10 race entries

Gold (Unlimited) \$2,500 (cash or in-kind)

Company name listed as a sponsor in event promotions, including press releases and interviews
Company name on all advertising
Company logo printed prominently on back of T-shirts
Company banner displayed at event (provided by sponsor)
Company may provide items for goody bags
Includes 5 race entries

Silver (Unlimited) \$1,000 (cash or in-kind)

Company logo on back of T-shirts
Company banner displayed at event (provided by sponsor)
Company may provide items for goody bags
Includes 4 race entries

Bronze (Unlimited) \$500 (cash or in-kind)

Name on back of T-shirts
Company banner displayed at event (provided by sponsor)
Company may provide items for goody bags
Includes 3 race entries

Individual (Unlimited) \$250 (cash or in-kind)

Race Packet recognition
Includes 2 race entries

Benefiting the Braden About Memorial Foundation
Contact Mr. Michael Norwich 915-533-7529