

EPISD

Food & Nutrition Services

Elementary School Cafeteria Breakfast

Calendar Menu

Breakfast Menu

Served Daily: Milk, Juice, Oatmeal, Fresh Fruit, Texas Toast & Cold Cereal

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Grilled Cheese Sandwich	Breakfast Pizza	Breakfast Burrito	Pancakes & Sausage	Cinnamon Roll
WEEK 2	Chilaquiles with Scrambled Eggs	Croissantwich	Yogurt Parfait	French Toast with Scrambled Eggs	Coffee Cake
WEEK 3	Yogurt Parfait	Breakfast Pizza	Chicken & Waffles	Pancakes & Sausage	Cinnamon Roll
WEEK 4	Bean & Cheese Burrito	Scrambled Eggs	Sausage Eggs Biscuit	French Toast with Scrambled Eggs	Coffee Cake

Lunch Menu

Served Daily: Fresh Fruit and Milk

Menus subject to change based on availability of menu items.

Menus Subject to Changes

August					Week
M	T	W	T	F	
1	2	3	4	5	1
8	9	10	11	12	2
15	16	17	18	19	3
22	23	24	25	26	4
29	30	31			1

September					Week
M	T	W	T	F	
			1	2	1
5	6	7	8	9	2
12	13	14	15	16	3
19	20	21	22	23	4
26	27	28	29	30	1

October					Week
M	T	W	T	F	
3	4	5	6	7	--
10	11	12	13	14	--
17	18	19	20	21	2
24	25	26	27	28	3
	31				4

November					Week
M	T	W	T	F	
	1	2	3	4	4
7	8	9	10	11	1
14	15	16	17	18	2
21	22	23	24	25	--
28	29	30			3

December					Week
M	T	W	T	F	
			1	2	3
5	6	7	8	9	4
12	13	14	15	16	1
19	20	21	22	23	--
26	27	28	29	30	--

January					Week
M	T	W	T	F	
2	3	4	5	6	2
9	10	11	12	13	3
16	17	18	19	20	4
23	24	25	26	27	1
30	31				2

February					Week
M	T	W	T	F	
		1	2	3	2
6	7	8	9	10	3
13	14	15	16	17	4
20	21	22	23	24	1
27	28				2

March					Week
M	T	W	T	F	
		1	2	3	2
6	7	8	9	10	--
13	14	15	16	17	--
20	21	22	23	24	3
27	28	29	30		4

April					Week
M	T	W	T	F	
3	4	5	6	7	4
10	11	12	13	14	1
17	18	19	20	21	2
24	25	26	27	28	3
					4

May					Week
M	T	W	T	F	
1	2	3	4	5	1
8	9	10	11	12	2
15	16	17	18	19	3
22	23	24	25	26	4
29	30	31			1

June					Week
M	T	W	T	F	
			1	2	1
5	6	7	8	9	2
12	13	14	15	16	
19	20	21	22	23	
26	27	28	29	30	

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ENTREE	Cheese Pizza Corn Mixed Green Salad	Chicken Alfredo Garlic Knot Broccoli Carrots/Cucumber	Aloha BBQ Drumstick Whole Wheat Roll Mashed Potatoes Ranchero Beans	Chicken Nuggets Whole Wheat Roll Mashed Potatoes Carrots w/ Assorted Veggies	Tostada Dippers Mexican Rice Carrots/Celery
THE DELI		Munchangles	Uncrustable Graham Crackers		Ham & Cheese Sandwich
SALADS	Asian Veggie Nugget Salad			Chicken Caesar Salad	

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ENTREE	Veggie Nuggets Whole Wheat Roll Corn Carrots w/ Assorted Veggies	Steakburger Savory Fries Carrots/Celery Dippers	Chicken Tenders Whole Wheat Breadstick Mashed Potatoes Zucchini Spears	Hot Dog Chili Beans Carrots/Cucumber	Fish Nuggets Mac & Cheese Green Beans Fresh Broccoli w/ Cherry Tomatoes
THE DELI	Peanut Butter & Jelly Sandwich		Peanut Butter EatSmart Box		Pizza EatSmart Box
SALADS		Crispy Chicken Salad		Chicken Caesar Salad	

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ENTREE	Bean Tapatias Mexican Rice Fiesta Corn	Crispy Chicken Sandwich Savory Fries Carrots/Cucumber	Pepperoni Pizza Orange Delight Carrot Coins Mixed Green Salad	Breaded Chicken Drumstick Ranch or Refried Beans Carrots w/ Assorted Veggies	Corn Dog Baked Beans Carrots/Cucumber
THE DELI	Uncrustable Graham Crackers		Peanut Butter EatSmart Box		Ham & Cheese Sandwich
SALADS		Chicken Caesar Salad		Crispy Chicken Salad	

WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ENTREE	Pizzaboli Juicy Corn Carrots/Cucumber	Beef Tacos Mexican Rice Ranchero or Refried Beans	Szechuan Chicken Bites Brown Rice Stir Fry Veggies Carrots/Jicama	Spaghetti w/ Meatballs Broccoli & Cheese Mixed Green Salad	Steakfingers Mashed Potatoes Carrots/Cucumbers
THE DELI		Uncrustable Graham Crackers		Peanut Butter EatSmart Box	Pizza EatSmart Box
SALADS	Veggie Nugget Salad		Chicken Caesar Salad		

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