

## CORONADO SWIM TEAM TRYOUTS

Who: All Interested Swimmers  
What: Team Tryout (Time Trial: 50 free, 50 specialty, 100 free)  
When: July 28th from 2:30-4:00  
Where: Westside Natatorium (650 Wallenberg)

I am Coach Levitt, and I thank you for your interest in trying out for the Coronado High School Swim Team. I am starting my 27th year of coaching this team, and it is my pride and joy. Swimming is a varsity only sport. There is no Junior Varsity competition. We have limited time and space for practice, so I limit the size of the team. We have a one-day tryout prior to the start of the school year so that class schedules may be updated.

All swimmers must have a physical completed and turned into the Athletic Trainer's Office prior to trying out for the swim team. (The Training Room under the Coronado football stadium will (tentatively) be open starting July 27th from 8:00-12:00. This is where you turn in your completed physical form.) I have included the guidance from our Athletic Trainers on the second page of this memorandum.

Parents and swimmers must complete all forms online pertaining to athletic participation before swimmers may participate in the tryout.

To access the forms, go to [episd.org](http://episd.org), click Departments and go to Athletic Department. On the right hand side of the site, you will find **RANK ONE**. Click on to "Parents" and log on. Please read the instructions and establish a separate account for swimmer and parent. Download and print the physical form. Then, complete the electronic participation forms and send them.

Any swimmer who makes the following times in the City Private or Public Championship meet or any USA Swimming meet as well as the actual tryout will automatically makes the team. However, all swimmers must still swim the tryout.

| <u>Event</u> | <u>Girl's time</u> | <u>Boy's time</u> |
|--------------|--------------------|-------------------|
| 50 free      | :27                | :25               |
| 50 fly       | :30                | :28               |
| 50 back      | :33                | :31               |
| 50 breast    | :36                | :34               |
| 100 free     | 1:02               | :58               |

If you have any questions, you can contact me at [mslevitt@episd.org](mailto:mslevitt@episd.org).

This is guidance from our outstanding Athletic Trainers Emillio and Tanya.

### **Physicals & RankOne Paperwork**

Physicals & Rank One paperwork for the 2021-2022 School year will be accepted starting June 1<sup>st</sup>. Physicals must be dated June 1<sup>st</sup> or later, not before. The current form for physicals is attached. We will only accept physicals completed on this form. Some of the Urgent Cares and Physician offices are using old outdated forms and per EPISD and UIL we are not allowed to accept those completed forms. Physicals must be completed by an approved Healthcare Provider with a Texas Medical License. We cannot & will not accept physicals from out of state &/or México.

### **COVID & Vaccines**

If you have not heard, the FDA & CDC have approved the Pfizer COVID Vaccine for everyone 12 years of age and older. As it is easier to get the COVID Vaccine, we are asking you the Coaches to highly encourage the athletes who are eligible (12 years & older for the Pfizer vaccine) to get vaccinated. Like testing, we *obviously* **cannot mandate** the COVID vaccine. However, according to current CDC guidelines, those who are vaccinated and exposed would be able to still practice and compete. Whereas those who are not vaccinated would need to Quarantine. To us it makes sense to get as many of the kids Vaccinated as possible for multiple reasons, but others may not see this benefit of being vaccinated and athletics for summer workouts, and the next school year. If enough of your team is vaccinated, that means the team would not have to shut down and quarantine and thus reschedule games. The only Coaches and athletes that would be required to quarantine are those who are NOT vaccinated or tested positive.



PrePhysFormRvsd2021-2022.pdf



COVID Vaccine question.pdf