



# Irvin High School Daily Student Schedule

<b>8:00-9:00</b>	<b>Wake Up</b>	Wake up, make your bed, eat breakfast and get ready for an awesome day! And yes, change out of PJs :)
<b>9:00-10:00</b>	<b>1st/5th Period</b>	Log into Schoology. Participate in virtual learning and/or complete learning activities from teacher. (take 10 min brain breaks every 45 min)
<b>10:00-11:00</b>	<b>2nd/6th Period</b>	Log into Schoology. Participate in virtual learning and/or complete learning activities from teacher. (take 10 min brain breaks every 45 min)
<b>11:00-12:00</b>	<b>Enrichment and Creative</b>	Participate in enrichment options, college readiness activities, SEL, continue learning activities, or meet with teachers through virtual office hours
<b>12:00-1:00</b>	<b>Lunch</b>	Eat, relax, time with family
<b>1:00-2:00</b>	<b>3rd/7th Period</b>	Log into Schoology. Participate in virtual learning and/or complete learning activities from teacher. (take 10 min brain breaks every 45 min)
<b>2:00-3:00</b>	<b>4th/8th Period</b>	Log into Schoology. Participate in virtual learning and/or complete learning activities from teacher. (take 10 min brain breaks every 45 min)
<b>3:00-4:00</b>	<b>Enrichment and Creative</b>	Participate in enrichment options, college readiness activities, SEL, continue learning activities, or meet with teachers through virtual office hours
<b>4:00-9:00</b>	<b>Dinner &amp; Free Choice</b>	Relax, go outside, work on passions, time with family
<b>9:00-10:00</b>	<b>Bed time</b>	Lights out, go to sleep