

School Health Advisory Committee
November 18, 2021
5:00 PM
EPISD PDC – 6500K Boeing Dr.



5:30 Call to Order-
Welcome

Approval of minutes from October 21 meeting

Committee Development

Priorities by Committee

Human Sexuality

SHAC Approved Health curriculum

Wellness

Wellness Policy Accountability

Physical Activity and Fitness

Guidelines on MVPA

Offer staff Free or low cost PA/Fitness programs

Nutrition

Alternatives to food rewards

Future Meeting Dates

December 16, 2021

January 20, 2022

March 17, 2022

May 19, 2022

Any other unfinished business

Next Meeting: December 16, 2021

Adjourn

Javier Carrasco- Recording