

Eating healthy can be challenging and not knowing how or what to cook makes it discouraging. Well I invite everyone to come and enjoy our healthy cooking classes given by our own experienced and awesome Chef Jaime Villanueva. The hands on instructions led by Chef Villanueva makes it clear and easy to follow. He not only shows you cutting and cooking techniques for those that do not know how to cook like myself but gives you great tips as well, making it so easy that even I can make something amazingly delicious and healthy. The first scheduled dish that was taught by Chef Villanueva was not only beautifully presented but he made it fun and enjoyable. Marinated chicken breast placed on top of a hot Brussel sprout salad with fingerling potatoes on the side. I don't like Brussel sprouts but at the end of the class, we got to eat what we prepared and I was sold on the Brussel sprouts!!! , everything was so mouthwatering. Many Thanks to Chef Jaime Villanueva

Register for our next class for some fun and delicious meals. Everything is provided, just bring yourself, and be prepared to have fun while you learn to cook healthy meals with Chef Jaime Villanueva.

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